



# BAREFOOT

- Beach Terrace Restaurant -

## LUNCH MENU



### APPETIZERS

- |   |         |
|---|---------|
| <b>Local Chips</b>  | 100 SCR |
| Cassava / Breadfruit / Banana   |         |
| <b>Tapas Platter</b>  | 275 SCR |
| Beef Meetballs/ Vegetable Samosa/<br>Vegetable Spring rolls / Local Chips |         |
| <b>Chicken Nuggets</b>  | 220 SCR |
| with French Fries   |         |
| <b>French Fries</b>   | 100 SCR |

### SANDWICHES & SALADS

- |   |         |
|---|---------|
| <b>Club Sandwich</b>  | 275 SCR |
| Cheese, Bacon, Egg,<br>Veg + Salad + French Fries                                   |         |
| <b>Croque Monsieur</b>  | 200 SCR |
| Cheese, Ham + Salad   |         |
| <b>Croque Madame</b>  | 200 SCR |
| Cheese, Egg + Salad   |         |
| <b>Bliss Salad</b>  | 250 SCR |
| Tuna, Eggs, Tomato, Lettuce, Onion, Olive<br>Dressing Vinaigrette                   |         |
| <b>Greek Salad</b>  | 250 SCR |
| Feta Cheese, Tomato, Cucumber, Green<br>Capsicum, Onion, Olive - Dressing Olive Oil |         |

### CREOLE CHEF'S SPECIALS

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|--|---------|
| <b>Chicken Wrap</b>  | 300 SCR |
| Chicken, Onion, Lettuce, Cucumber,<br>Tomato + French Fries  |         |
| <b>Bliss Beef Burger</b>   | 350 SCR |
| Homemade Beef Pattie, Cucumber,<br>Tomato, Lettuce, Bacon, Fried Egg,<br>Cheese + Mixed Salad + French Fries |         |
| <b>Grilled Fish</b>  | 350 SCR |
| Job Fish, Steam Rice, Lentils,<br>Mixed Salad, Creole Sauce  |         |
| <b>Creole Chicken Coco Curry</b>   | 350 SCR |
| Steam Rice, Creole Sauce, Lentils,<br>Mixed Salad  |         |

### SWEET CORNER

- |  |         |
|--|---------|
| <b>Assorted Fruit Platter</b>          | 275 SCR |
| <b>Bounty Pancake &amp; Ice Cream</b>  | 150 SCR |
| <b>Coconut Nougata &amp; Ice Cream</b> | 150 SCR |
| <b>Ice Cream</b>                       | 100 SCR |
| 2 Scoops - Vanilla/Chocolate           |         |
| <b>Frappucino Iced Coffee</b>          | 140 SCR |
| <b>Dessert of the Day</b>              | 140 SCR |



(All prices include taxes)







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## DRINK MENU



### SOFT DRINKS

<b>Still Water (750 ML)</b>	<b>50 SCR</b>
<b>Sparkling Water (750 ML)</b>	<b>80 SCR</b>
<b>Soft Drinks</b> Coca Cola, Sprite, Fanta, Ginger Ale Soda, Tonic, Coca Cola Zero	<b>80 SCR</b>
<b>Fresh Exotic Juice Mix</b> Seasonal Fruits	<b>100 SCR</b>
<b>Passion Juice</b>	<b>100 SCR</b>

### MOCKTAILS

<b>Blue Beach</b> Pineapple Juice, Fresh Lime, Curacao Syrup, Sprite	<b>125 SCR</b>
<b>Cucumber Mint Crush</b> Fresh Cucumber, Fresh Mint, Fresh Lime, Sugar, Soda	<b>125 SCR</b>
<b>Apple Kiwi Crush</b> Fresh Apple, Grape, Kiwi Puree, Lime Juice	<b>125 SCR</b>
<b>Coco Pina</b> Pineapple Juice, Coconut Puree, Fresh Coco, Lime Juice	<b>125 SCR</b>
<b>Virgin Mojito</b> Fresh Mint, Lime, Soda, Sugar	<b>125 SCR</b>
<b>Shirley Temple</b> Ginger Ale, Grenadine, Fresh Lime	<b>125 SCR</b>



### BLISS ICED TEA COLLECTION


<b>Vanilla Iced Tea</b> Vanilla Tea, Fresh Lime, Vanilla Essence, Sugar	<b>110 SCR</b>
<b>Peach Iced Tea</b> Black Tea, Fresh Lime, Sugar, Peach Syrup, Sugar	<b>110 SCR</b>
<b>Lychee Iced Tea</b> Black Tea, Fresh Lime, Sugar, Lychee Syrup, Sugar	<b>110 SCR</b>
<b>Ginger &amp; Lime Iced Tea</b> Black Tea, Fresh Ginger, Fresh Lime, Sugar	<b>110 SCR</b>

### COFFEE & TEA

<b>Black Coffee</b>	<b>70 SCR</b>
<b>Tea Pot</b>	<b>80 SCR</b>
<b>Espresso</b>	<b>60 SCR</b>
<b>Cappuccino</b>	<b>90 SCR</b>
<b>Cafe Latte</b>	<b>90 SCR</b>
<b>Iced Coffee</b>	<b>120 SCR</b>
<b>Frappe</b>	<b>140 SCR</b>



(All prices include taxes)





## WHITE WINE



<b>Prestigium</b>	120/460 SCR
France - Blended Wine	
<b>Arcadian</b>	140/495 SCR
Australia - Pinot Grigio	
<b>Douglas Green</b>	140/495 SCR
South Africa - Chardonnay	

## RED WINE

<b>Prestigium</b>	120/460 SCR
France - Blended Wine	
<b>Arcadian</b>	140/495 SCR
Australia - Merlot	
<b>Douglas Green</b>	140/495 SCR
South Africa - Pinotage	

## ROSE WINE

<b>Frontera Rose</b>	140/475 SCR
Chile	
<b>Boschendal Rose</b>	140/495 SCR
South Africa	

**PROSECCO** 160/550SCR

**CHAMPAGNE** 1500 SCR

## CLASSIC COCKTAILS

<b>Classic Mojito</b>	195 SCR
White Rum, Fresh Mint, Fresh Lime, Sugar and Soda	
<b>Cuba Libre</b>	175 SCR
White Rum, Coca-Cola, Fresh Lime Juice	
<b>Gin &amp; Tonic</b>	175 SCR
Gin, Tonic, Fresh Lime	
<b>Daiquiri</b>	175 SCR
White Rum, Fresh Lime Juice, Simple Syrup	
<b>Tequila Sunrise</b>	195 SCR
Tequila, Orange Juice, Grenadine	
<b>Caipirinha</b>	175 SCR
Cachaca, Lime Wedges, Brown Sugar	
<b>Espresso Martini</b>	195 SCR
Vodka, Kahlua, Espresso, Simple Syrup	
<b>Margarita</b>	195 SCR
Tequila, Triple Sec, Fresh Lime Juice, Salt	
<b>Pina Colada</b>	195 SCR
White Rum, Coco Rum Pineapple Juice, Coconut Puree	
<b>Moscow Mule</b>	175 SCR
Vodka, Ginger Ale, Lime	
<b>Aperol Spritz</b>	195 SCR
Prosecco, Aperol and Soda	
<b>Mai Tai</b>	195 SCR
White Rum, Dark Rum, Pineapple Juice, Lime Juice and Triple Sec	
<b>Long Island</b>	225 SCR
Vodka, Tequila, Rum, Gin, Cointreau and Coca-Cola	
<b>Blue Hawaii</b>	195 SCR
Vodka, Rum, Pineapple Juice, Coco Puree, Blue Curacao, Lime Juice	

## BEERS & CIDERS

<b>Seybrew</b>	90 SCR
<b>Ekú</b>	90 SCR
<b>Slow Turtle Cider</b>	90 SCR

## SHOTS & APERITIVO

<b>Shots (40 ML)</b>	110 SCR
Takamaka Rum Dark - White - Coco, Vodka, Tequila, Amaretto, Cointreau, Whiskey, Gin, Aperol, Kahlua, Triple Sec, Campari	

## SIGNATURE COCKTAILS

<b>Bliss Cocktail</b>	175 SCR
Dark Rum, Fresh Mixed Fruit Juice, Grenadine	
<b>Island Bird</b>	195 SCR
Dark Rum, Campari, Orange Juice, Fresh Lime	
<b>Midnight Kiss</b>	225 SCR
Vodka, Triple Sec, Fresh Lime, Blue Curacao, Prosecco	
<b>Road to Barefoot</b>	225 SCR
Gin, Aperol, Prosecco, Orange Juice, Fresh Lime	

